








DOSAGE IS UNIQUE TO EACH PERSON

We know people use Ananda Hemp for many different reasons. We suggest you take the product and increase the dose until you see the desired effect that works for you.

	DAY	DAY	DAY	DAY	DAY	DAY	DAY
 EVENING	1 ✓	2 ✓	3 ✓	4 ✓	5 ✓	6 ✓	7 ✓
 MORNING				✓	✓	✓	✓
 MIDDAY							✓
✓ =  10 MG OIL OR  15 MG SOFTGEL				IF NEEDED	IF NEEDED	IF NEEDED	IF NEEDED

This product is not intended to diagnose, treat, cure or prevent any disease.

COMPLETE TRANSPARENCY

Ananda Hemp products label the exact amount of active cannabinoids per serving. Each product has a QR code on the label or package that links to our website Certificate of Analysis (COA) Lookup Tool where you can view laboratory data and batch specific information.



Know what's in your CBD

QR SCAN COA LOOKUP TOOL

- 1 Scan QR code or go to anandahemp.com/coa-lookup-tool
- 2 Enter lot number in COA Search Bar
- 3 Go to anandahemp.com