Nutiva® Organic 15G Hemp Seed Protein is one of nature's greatest and most sustainable foods. It's packed with 15g of organic plant-based protein, 5g of fiber and 2.5g of Omegas-3 and 6 per serving. Add a scoop to your smoothie or baking recipe for an extra protein boost!

WHY HEMP SEED PROTEIN IS IDEAL

Hemp seed protein is a naturally occurring complete protein source: 66% of the protein is edestin (a bioactive globulin protein that's easy to digest). It is also an abundant source of Omegas 3 & 6 that serve to balance your diet, and a fantastic way to up your fiber intake.

SUSTAINABLE PROCESS

Our hemp seed protein is made from raw hemp seed and cold-pressed, milled and filtered to produce a higher protein-to-fiber ratio. No hexane, preservatives or additives are used at any point in this process, which protects the purity and integrity of the nutrients.



RECIPE

Hemp Supreme Shake

1-2 Tbsp Nutiva Hemp Seed 3-4 Tbsp Nutiva Hemp

Seed Protein 8 oz rice milk or almond milk 1 Tbsp Nutiva Coconut Manna™ 1 cup fresh or frozen fruit

Combine hemp seed and water in a blender, process into a thick paste, and blend in remaining ingredients.

Also try our organic Hemp Seed Proteins and Plant Proteins. For delicious recipes, visit nutiva.com.

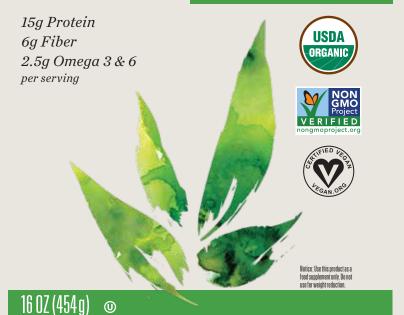


nutiva®

hemp seed protein

ORGANIC

15G PROTEIN



Nutrition Facts

About 15 servings per container Serving size 3 Tbsp (30g)

Calories

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat Og	
Polyunsaturated Fat 2g	
Monounsaturated Fat Og	

Cholesterol 0mg Total Carbohydrate 8g

Dictary Fiber og		
Total Sugars 1g		
Includes Og Added Sugars	09	
Protein 15g	149	
/'L'- D O	0.1	

Vitallill D officg	0 /0
Calcium 51mg	4%
Iron 6mg	35%
Potassium 419mg	8%
Magnesium 246mg	60%
7: 4	0.07

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MANUFACTURED FOR

Nutiva® 213 W. Cutting Blvd. Richmond, CA 94804

CERTIFIED ORGANIC BY

QAI (US-ORG-050)

Made without soy, dairy, lactose or sweeteners.

Product of Canada

STORAGE

Keep container cool. Refrigerate after opening.

DIRECTIONS

Blend 2-4 Thsp Hemp Seed Protein with 8oz milk (almond milk is ideal) and a ripe banana. Find other delicious recipes at nutiva.com.





BPA

5.125"

INGREDIENTS: ORGANIC HEMP SEED PROTEIN

Amino Acid Profile (Per Serving)							
Alanine	0.5	Histidine	0.3	Proline	3.0		
Arginine	1.7	 Isoleucine 	0.6	Serine	0.7		
Aspartic Acid	1.5	Leucine	1.0	 Threonine 	0.6		
Cystine	0.4	 Lysine 	0.6	 Tryptophan 	0.		
Glutamic Acid	2.4	 Methionine 	0.4	Tyrosine	0.3		
Glycine	0.6	 Phenylalanine 	0.7	•• Valine	0.7		

nutiva®

213 W. Cutting Blvd. Richmond, CA 94804 (800) 993-4367 www.nutiva.com

PRODUCT DIELINE CONTACT FONTS COLORS 1. 1_Prcnt_Hrz_CMYK_f.psd ARTWORK PROCESS/SPOT BRAND MANAGER CALLOUTS N/A Chronicle Text G1 Italic John Churchman Gotham Narrow Book Cyan DIMENSIONS Gotham Extra Light Gotham Narrow Bold Magenta DESCRIPTION 11" x 5.125" 510.255.4805 Gotham-Book Hemp Protein 15G 16oz DATE Gotham-Medium Black SR GRAPHIC DESIGNER FILE NAME PANTONE 1817 Gotham-Bold Nancy Spellman PANTONE 7738 Helvetica 55 Roman nancys@nutiva.com REVISION DATE PANTONE 9043 Helvetica 57 Condensed 510.255.2722 03.12.20 Helvetica 77 Bold Condensed Helvetica 95 Black Helvetica Neue Bold Helvetica Neue Italic Helvetica Neue LT Std 37 Thin Condensed Univers 49 Light Ultra Condensed